

Redundancy Rewire

Walk away from feeling redundant

Elevate Redundancy Coaching



Bespoke, human-led Coaching

- Tailored coaching for processing change, shame, beliefs, fear & acceptance
- Process, rationalise & pause in order to review, audit & strategise
- Pursue professional & personal ambition

Experienced Career Support

- Strengths-based, appreciative coaching to refine your CV
- Practical support on career planning, job searching, interviews or pivoting
- Make strategic choices, not panic moves

Early Support Matters

- Protect your mental & emotional wellbeing; boost confidence quickly
- Get crystal clear on what you offer & what you want (life &/or work)
- Turn uncertainty into opportunity
- Take control, be the leader in your own life and career

Real support. Lasting change.

Redundant to Relevant

Redundancy can shake your confidence, cloud your thinking and mess with your identity. It's normal to feel lost, low, or full of questions.

But staying stuck? That's optional.

Redundancy Rewire is a high-touch, bespoke coaching programme that helps you reset your mindset, rebuild your confidence and move forward with clarity.

This isn't just career support. It's human support.

So you don't carry this forever.

This is the work I wish I'd had.

I created Redundancy Rewire because I've been there; as a leader *and* as one of those being let go. I know how disorienting it can be. I also know the clarity & confidence that's possible with the right kind of support - because this doesn't define you.

Book a FREE Curiosity Call Online or enquire via email

Who Are Elevate?

Elevate is real, human, strategic support, led by Kate Oates, - a Certified Coach, former media agency Leader & a specialist in Redundancy, Reinvention & 'returning to you' Coaching.

Redundancy Rewire Programme:

- 1:1 Coaching (Zoom, café, or walk & talk)
- Weekly WhatsApp voice note support
- Reflection tasks + mindset tools
- Help with interviews, applications & your future direction
- All trauma-informed, strategic & personalised

If you're feeling small, scared or stuck, this is your space to process it, feel powerful & plan what's next.

Get clarity, confidence & self-belief.

Make this chapter work for you.



Kate Oates Elevate | Redundancy Coaching for Individuals
Stockport, Manchester + Virtual (inc. Walking Coaching)



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